

# Teen Pregnancy Prevention Evidence Review (TPPER) Update

The Teen Pregnancy Prevention Evidence Review (TPPER) was updated to include evidence published through May 2023.

The update reveals:

- There are now 48 evidence-based Teen Pregnancy Prevention (TPP) programs.
- There are five new evidence-based programs. They are a mix of clinic-based, online, and school-based programs with different program approaches and intended populations.
- Nine programs moved to the inactive list this year because the evidence of effectiveness is greater than 20 years old or because the program is no longer being distributed.

For more information about the new programs and other evidence we reviewed, see the 2024 [summary report](#) or visit the [TPPER website](#).

## 48 Total evidence-based programs

### 5 New evidence-based programs

- 2gether
- All4You2!
- Choosing the Best JOURNEY
- MyPEEPS Mobile
- Your Move

### 9 Programs moved to inactive list

- Aban Aya Youth Project
- Be Proud! Be Responsible!
- Be Proud! Be Responsible! Be Protective!
- ¡Cuídate!
- Draw the Line/Respect the Line
- FOCUS
- Project TALC
- SiHLE
- Teen Health



## New to the review this year: Evidence-based program components!

TPPER now reviews evidence-based program components (that is, the elements or activities of TPP programs). Evidence-based program components have been tested and shown to have evidence of effectiveness in improving sexual behavior outcomes, distinct from the effects of any associated program. Evidence-based program components may have been implemented independently, in conjunction with, or integrated into a TPP program.

There are currently two evidence-based program components. In the future, after the TPPER compiles a strong evidence base for components, TPPER users will be able to select the most effective components for a specific program aim or population so that they can tailor their program implementation to the unique needs of their community. You can read more about them in the [summary report](#) or on the [TPPER website](#).

## 2 New evidence-based components

- Sexual health risk reduction counseling
- In-person delivery