



# ADOLESCENT SUBSTANCE USE, ADDICTION, AND TREATMENT

with Sarah Bagley, MD

## Additional Resources

- Articles

- ▶ American Academy of Pediatrics Policy Statement: Medication-Assisted Treatment of Adolescents With Opioid Use Disorders (August 2016)  
<http://pediatrics.aappublications.org/content/early/2016/08/18/peds.2016-1893>
- ▶ American Academy of Pediatrics: Substance Use Screening, Brief Intervention, and Referral to Treatment (July 2016)  
<http://pediatrics.aappublications.org/content/138/1/e20161210>
- ▶ Drug Overdose Deaths in the United States, 1999–2016 (December 2017)  
<https://www.cdc.gov/nchs/data/databriefs/db294.pdf>
- ▶ FDA Drug Safety Communication: FDA urges caution about withholding opioid addiction medications from patients taking benzodiazepines or CNS depressants: careful medication management can reduce risks (September 2017)  
<https://www.fda.gov/Drugs/DrugSafety/ucm575307.htm>
- ▶ National Trends in Hospitalizations for Opioid Poisonings Among Children and Adolescents, 1997 to 2012 (December 2016)  
<http://jamanetwork.com/journals/jamapediatrics/article-abstract/2571466>
- ▶ Substance Abuse and Mental Health Services Administration (SAMHSA): Keeping Youth Drug Free (September 2017) <https://store.samhsa.gov/product/Keeping-Youth-Drug-Free/SMA17-3772>
- ▶ Trends in Receipt of Buprenorphine and Naltrexone for Opioid Use Disorder Among Adolescents and Young Adults, 2001-2014 (August 2017)  
<http://jamanetwork.com/journals/jamapediatrics/article-abstract/2632431>
- ▶ The YRBS Data Summary and Trends Report, 2007-2017 (June 2018)  
<https://www.cdc.gov/healthyyouth/data/yrbs/pdf/trendsreport.pdf>



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- Websites

- ▶ American Academy of Pediatrics, Information for providers  
<https://www.aap.org/en-us/about-the-aap/Committees-Councils-Sections/substance-use/Pages/home.aspx>
- ▶ ASAM National Practice Guidelines, Information on the full range of medications that can be used for adolescents: <https://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-national-practice-guideline-supplement.pdf>
- ▶ National Institute on Drug Abuse, Information for teens, parents, health professionals and educators <https://teens.drugabuse.gov/>
- ▶ Partnership for Drug Free Kids, Information for parents including a warm line (which aims to provide a reassuring voice for people before they reach a point of crisis), parent coaching, and online chat <https://drugfree.org/>
- ▶ Substance Abuse and Mental Health Services Administration (SAMHSA), Information for providers, patients, and families, including a treatment locator <https://www.samhsa.gov/>
  - » SAMHSA's National Helpline: 1-800-662-HELP (4357) TTY: 1-800-487-4889. This Helpline provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish.
  - » Behavioral Health Treatment Services Locator: Find alcohol, drug, or mental health treatment facilities and programs around the country <https://findtreatment.samhsa.gov>

- Data and Statistics

- ▶ Monitoring the Future, Annual survey conducted with 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders assessing substance use <http://www.monitoringthefuture.org/>
- ▶ National Center on Health Statistics: Drug Overdose Deaths Among Adolescents Aged 15-19 in the United States: 1999-2015 (August 2017) <https://www.cdc.gov/nchs/products/databriefs/db282.htm>
  - » For a dynamic and customizable visual interpretation of Drug Poisoning Mortality in the United States, 1999-2016, visit: <https://www.cdc.gov/nchs/data-visualization/drug-poisoning-mortality/>

- ▶ National Survey on Drug Use and Health (NSDUH), National and state level information about tobacco, alcohol, and drug use among individuals 12 and older <http://www.samhsa.gov/samhsa-data-outcomes-quality/major-data-collections/reports-detailed-tables-2016-NSDUH>
  - » For quick facts about selected substance abuse and mental health topics, visit the NSDUH Short Reports: <https://www.samhsa.gov/data/population-data-nsduh/reports?tab=36>
  
- Further Resources for Recovery
  - ▶ The Association of Recovery Schools is comprised of recovery high schools as well as associate members and individuals who support the integral growth of the recovery high school movement. <https://recoveryschools.org>
  - ▶ The Association of Recovery in Higher Education represents collegiate recovery programs and communities, the faculty, staff, and students, providing education, resources and community connection. <https://collegiaterecovery.org/>
  - ▶ Young People in Recovery creates and cultivates local community-led chapters through grassroots organizing and training to promote recovery support services, life skills curricula, peer recovery coach training, and advocacy. <https://youngpeopleinrecovery.org>