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00:00:20,066 --> 00:00:24,066
My name is Clement Coulston. I live in Wilmington, Delaware.

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00:00:24,066 --> 00:00:28,066
I'm a youth leader with Roberto with Special Olympics Project

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00:00:28,066 --> 00:00:29,066
UNIFY.

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00:00:29,066 --> 00:00:33,066
Clement: I started when I was eleven years old as a UNIFY partner, and now

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00:00:33,066 --> 00:00:37,066
I'm a coach for basketball, swimming, bowling

6
00:00:37,066 --> 00:00:41,066
and soccer. Not as many as Roberto, but I'm trying to keep up there.

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00:00:41,066 --> 00:00:41,300

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00:00:41,300 --> 00:00:43,133
Roberto, can you introduce yourself?

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00:00:43,133 --> 00:00:46,166
Where you're from? Some of your hobbies and your interests?

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00:00:46,166 --> 00:00:50,900
Hi, Yes I will. Hi, my name is Roberto Eguia and I'm from

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00:00:50,900 --> 00:00:52,733
Boise, Idaho, and

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00:00:52,733 --> 00:00:56,533
I got involved with Special Olympics since fourth grade.

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00:00:56,533 --> 00:01:00,533
My hobbies are like bowling, softball, volleyball

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00:01:00,533 --> 00:01:01,433

15
00:01:01,433 --> 00:01:02,800
and I like

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00:01:02,800 --> 00:01:25,900
I like to play soccer.

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00:01:25,900 --> 00:01:29,900
Too often, people think that youth leadership can be only those

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00:01:29,900 --> 00:01:33,900
who are the most academically gifted or can speak eloquently or can

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00:01:33,900 --> 00:01:37,900
write big novels with all of these humongous words. And, while those people are leaders,

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00:01:37,900 --> 00:01:41,900
we all are leaders, because we all have talents and abilities.

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00:01:41,900 --> 00:01:44,533
We have to open our eyes up to that.

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00:01:44,533 --> 00:01:49,900
Inclusive youth leadership to me is, like, I like to include other people in my

23
00:01:49,900 --> 00:01:52,800
group. I don't like leaving them out.

24
00:01:52,800 --> 00:01:58,366
It makes me feel… good.

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00:01:58,366 --> 00:02:02,366
So, what are some of the initiatives that you've done with Special Olympics and leadership opportunities?

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00:02:02,366 --> 00:02:06,366
Well, I co-created a guidebook,

27
00:02:06,366 --> 00:02:10,233
which is called Inclusive Youth Leadership.

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00:02:10,233 --> 00:02:14,233
Roberto: Clem, can you share more about the Special Olympics

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00:02:14,233 --> 00:02:18,233
Project UNIFY Inclusive Youth Leadership Guidebook?

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00:02:18,233 --> 00:02:19,200

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00:02:19,200 --> 00:02:23,200
Clement: This guidebook, rather than explicitly writing out a gazillion pages

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00:02:23,200 --> 00:02:27,200
on what is inclusive youth leadership, through interactive activities,

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00:02:27,200 --> 00:02:31,200

1

people go in these activities and have reflection

34
00:02:31,200 --> 00:02:35,200
time to really identify, you know, what did I just do? And how does it change

35
00:02:35,200 --> 00:02:36,766
the way I see the world?

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00:02:36,766 --> 00:02:40,766
It's really a one-of-a-kind, youth-created resource

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00:02:40,766 --> 00:02:44,766
for the youth, by the youth, to really support

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00:02:44,766 --> 00:02:49,000
one's birth as an inclusive youth leader.

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00:02:49,000 --> 00:02:53,000
Clement: So, Roberto, we went to the National Service Learning Conference

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00:02:53,000 --> 00:02:57,000
this past spring to talk about inclusive youth leadership.

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00:02:57,000 --> 00:03:01,000
What were some of the reactions from

42
00:03:01,000 --> 00:03:02,866
the participants?

43
00:03:02,866 --> 00:03:05,000
Uh, they were surprised. They wanted to know

44
00:03:05,000 --> 00:03:06,333
Uh, they were surprised. They wanted to know

45
00:03:06,333 --> 00:03:08,033
more about it.

46
00:03:08,033 --> 00:03:12,033
Cool, and then this past July, we presented

47
00:03:12,033 --> 00:03:16,033
at the 2013 Special Olympics North America Conference

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00:03:16,033 --> 00:03:18,233
where we launched the Guidebook.

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00:03:18,233 --> 00:03:22,233
And we were really able to educate, motivate, and activate the young people there

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00:03:22,233 --> 00:03:26,233
to take the Guidebook back in their school community and implement it.

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00:03:26,233 --> 00:03:30,233
So, we had a train-the-trainer type of session where Roberto and myself

52
00:03:30,233 --> 00:03:34,233
helped the youth leaders there understand how they themselves are

53
00:03:34,233 --> 00:03:55,466
able to inspire and activate other people.

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00:03:55,466 --> 00:03:56,500

55
00:03:56,500 --> 00:03:59,466
And I recently saw that you are one of the stars

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00:03:59,466 --> 00:04:03,466
in this video called "Champions of Change." Can you tell us a little bit about that?

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00:04:03,466 --> 00:04:07,466
Yes, so me and my partner

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00:04:07,466 --> 00:04:11,466
we went to Atlanta, Georgia and did a video.

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00:04:11,466 --> 00:04:14,833

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00:04:14,833 --> 00:04:18,600
How has special Olympics impacted your life?

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00:04:18,600 --> 00:04:22,833
It has made me to be a better person and has made me to

62
00:04:22,833 --> 00:04:28,333
be more friendly to others, and I got to meet a lot of new people.

63
00:04:28,333 --> 00:04:31,233
And what are ways that you help other people?

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00:04:31,233 --> 00:04:31,266

65
00:04:31,266 --> 00:04:36,433
Inspiring them.

66
00:04:36,433 --> 00:04:38,266
How do I support you as a leader?

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00:04:38,266 --> 00:04:42,266
You believe in me. And you want me to become a

68
00:04:42,266 --> 00:04:44,233
leader.

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00:04:44,233 --> 00:04:47,366
And how does that make you feel?

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00:04:47,366 --> 00:04:51,133
It makes me feel… awesome.

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00:04:51,133 --> 00:04:55,133
Roberto: Clem, what is your favorite inclusive youth

72
00:04:55,133 --> 00:04:58,100
leadership memory?

73
00:04:58,100 --> 00:05:02,100
The highlight of this leadership journey has been working

74
00:05:02,100 --> 00:05:03,233
with Roberto.

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00:05:03,233 --> 00:05:07,233
To see Roberto grow in just the year and a half I've known him.

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00:05:07,233 --> 00:05:11,233
Is just absolutely the impetus of why I do

77
00:05:11,233 --> 00:05:12,033
what we do.

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00:05:12,033 --> 00:05:16,033
And together, I think we're a really cool team, aren't we? Roberto: Yes.

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00:05:16,033 --> 00:05:17,000
 Clement: Yeah?

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00:05:17,000 --> 00:05:22,333

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00:05:22,333 --> 00:05:26,333
Roberto and myself would love for you to check out the Inclusive Youth Leadership Guidebook

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00:05:26,333 --> 00:05:30,099
so that you can learn about what is inclusive youth leadership.