

## Segment 2

Older generations often complain about the slow pace at which young people are moving into adulthood today, but what scientific evidence shows, strong scientific evidence is that a slower path into adulthood today is often beneficial. And that it's a fast path that can be very risky when it comes to relationships, education, work and living situations. So why is a slower path beneficial? Taking time to figure out what young people want, need in a relationship before they marry and parent. And to have time together as a couple before children arrive. Those things are associated with much stronger marriages and more resourceful parenting. Taking time to pursue education or training after high school brings stable and stronger attachment to the labor force. Similarly, taking time to explore jobs and build skills creates stronger labor force attachment and greater satisfaction at work. Living at home too can be a smart decision. If it allows young people to be in school when they otherwise wouldn't be able to afford it or if it allows them to take low pay or no pay internships that will help them on the job market. Or if it allows them to save money for a stronger launch when they do go. I wanna emphasize that a slower course into adulthood is not the same as a slacker course, quite the contrary. It means doing everything you can to gain credentials and experience that will help carry you over the long haul and help manage uncertainty. A slower course also doesn't mean that young adults shouldn't have responsibility, of course they must and they must also come to know failure. Learning and recuperating from failure is an extraordinarily important growth experience and helps build both resilience and maturity. In contrast, why is a fast path so risky? Well, in many ways we should be much more concerned about young people who are going too fast than we are with young people who are going too slow. Quick marriages are much more likely to result in divorce and to involve kids. Quick parenting makes it difficult to attain education and full-time work. And a quick departure from home before young people are ready leaves them with fewer resources for getting by, let alone for investing in their future. In addition, staying at home keeps many young people out of poverty. And the reality is that if one bypasses education or some sort of training beyond high school, it's harder to go back when there are other responsibilities such as caring for young children.